FOR IMMEDIATE RELEASE:

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CONTACT:

Laurie Metanchuk, Director of Community Engagement Brittany Kovach, Communications & Marketing Supervisor 630-232-5980 forestpreserve@kaneforest.com

Forest Preserve District of Kane County 1996 S. Kirk Rd., Ste. 320, Geneva, IL 60134 www.kaneforest.com



Winter Trek with a Naturalist: Hike and Explore This Season

GENEVA, IL — Embrace the crisp air with the Winter Trek with a Naturalist program series.

This monthly program invites participants 18 years and older to explore different nature preserves each month. Whether you're a seasoned hiker or just love being in the outdoors, these hikes are an opportunity to enjoy winter's beauty while staying fit. Led by a District naturalist, the hikes focus on covering significant ground, with occasional stops for interpretation and discussions about the ecology of each unique preserve.

Upcoming Dates and Locations:

- Saturday, Dec. 7, from 9 a.m. 11 a.m. at Fabyan Forest Preserve; 1925 Batavia Ave., Geneva
- Saturday, Jan. 4, from 9 a.m. 11 a.m. at Les Arends Forest Preserve; 2S731 Rte. 31, Batavia
- Thursday, Feb. 27, from 3:30 p.m. 5:30 p.m. at Schweitzer Woods Forest Preserve; 16N690
 Sleepy Hollow Rd., West Dundee

Advance registration is required. To register, visit www.kaneforest.com/register, call 630-444-3190 or email programs@kaneforest.com.

For more information, visit www.kaneforest.com, or find us on social by searching @forestpreserve.